

**Date: Friday, 9th February 2024**

**Issue: 58**

## MESSAGE FROM THE HEAD TEACHER

What a week we've had!

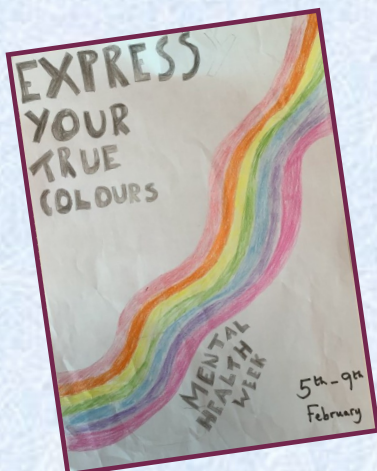
We started the week with a bang introducing Newfield's Got Talent to the children. This will happen at the end of the next half term – something for the children to look forward to. I've been doing this thing lately where I ask children to sing along with songs on the microphone during our singing assembly so that they get confident on and off the stage – we really do have some talented performers so it's good to give them a chance to shine. The PTA Disco on Monday evening was also a real success; it was great to see all the children dancing and having a good time. The DJ even commented on how polite and well-mannered our children were. This was followed on Tuesday by Sammy Taypot, our visiting magician. I popped into the hall to see lots of children rolling around with laughter at some of his pranks and tricks. Thank to our fantastic PTA for organising such wonderful events for the children and thank you to all of you for supporting these events.

Year 1 had their Victorian Day on Wednesday which strangely always goes down well with the children. I say this because it really wasn't very nice to be at school during Victorian times what with the cane and the dunce's hat etc. maybe it's the novelty of it all? All I know is there's an awful lot of learning that comes from our focus days because the children relate their learning to specific activities and memories. Today the children are all dressed up in their own clothes to 'express themselves' – a bit like they did at the school disco. Lovely feeling around the place...

Have a great half term break.

*S. Py*

## MENTAL HEALTH WEEK



Thank you to all the children that entered the

'Express Yourself'

Poster Competition.

We had lots of entries.

The winner was chosen by the School Council:

Congratulations to Jude in 6R.



## EVENTS

**2024**

**Mon 19th-Fri 23rd Feb**  
Talent Show Auditions

**Tues 27th Feb**  
Y4 Police Museum Trip

**Fri 1st March**  
Y3 & Y4 Times Tables  
Rock Stars day

**Thurs 7th March**  
World Book Day

**Fri 8th March**  
Reception Trip to  
Sycamore Centre

**Y5 Author Visit Trip to**  
Earls

**Mon 11th March**  
Parents Evening 1

**Tues 12th March**  
Y3 Stone Age Day

**Wed 13th March**  
Parents Evening 2

**Thurs 14th March**  
3P Class Assembly

**Fri 15th March**  
Red Nose Day

**Thurs 21st March**  
Y2 VE Day

4OR Class Assembly

**Fri 22nd March**  
Talent Show

End of Term!

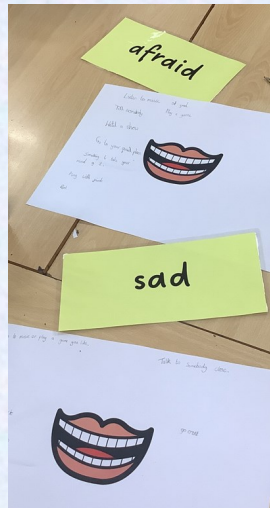
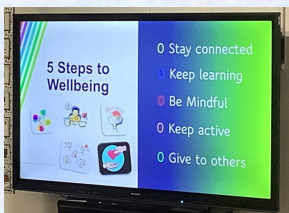


## Y5 & Y6 WORKSHOPS

Year 5 and year 6 took part in mental health workshops from Phase Trust as part of Childrens Mental health week. This year's theme is 'My voice matters' and we explored ways to use our voice to show our personality and our opinions and to express our thoughts and feelings. We also discovered how important it is to share our worries rather than bottling them up inside.

We were introduced to the 5 steps of well-being which are simple steps which can help you manage your emotions:

- Connect
- Take notice
- Be active
- Give
- Keep learning.



## MATHS CHAMPIONSHIPS



Our Year 3 and 4 team:  
Benjamin and Arthur (Year 3)  
Alex, Ella, Mila and Jayden (Year 4)  
attended the Maths Championships  
on Wednesday and we are pleased  
to say that they won their heat and  
will be attending the final in June!



Good luck to our  
Year 5 and 6 team that will  
be attending their heat after  
half term.





## Y6 DT

In DT, year 6 have been researching and designing pies. Today was our last lesson and we very carefully followed our recipes to make our pies. We made pastry from our recipes then designed and created our fillings. We are looking forward to tasting them later on!

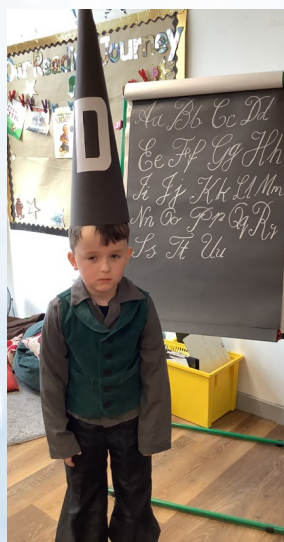
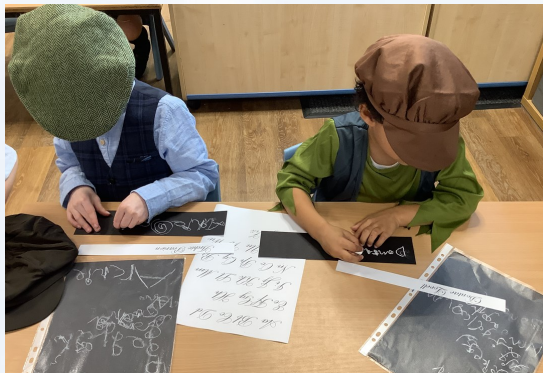


## Y1 VICTORIAN DAY

Our activities included, learning to write like a Victorian on slate boards with chalk, chanting and reciting our alphabet and times tables and reciting poetry.

We also went outside and the children really enjoyed learning to play Victorian games.

The children had a great day but were shocked at how strict their teachers were, unfortunately, a few children had to receive punishments including the Dunce's Hat and paddles. (it made them realise that school today isn't so bad after all!)





## SCHOOL ATTENDANCE

**MOMENTS  
MATTER,  
ATTENDANCE  
COUNTS.**

From January to March 2024, the Government is launching a national campaign

'Moments matter, Attendance Counts'

to remind parents and carers of the importance of school attendance.

Keep a look out for information on promoted social media advertising, media partnerships, radio advertising and social media influencers

The NHS and Chief Medical Officer recommend that it is appropriate to send children to school with mild respiratory conditions, colds, runny noses and sore throats.

They advise that long periods of absence can add to anxiety. The link between attendance and attainment is clear: In 2018/19, just 40% of persistently absent (PA) children in KS2 achieved expected KS2 standards, compared with 84% of pupils who were regular attenders.

Attendance is important for more than just attainment: Regular school attendance can facilitate positive peer relationships, which is a protective factor for mental health and wellbeing.



## SUCCESS CORNER



Maisie (5R) and her squad took part in a national cheerleading competition and achieved second place!

Well done to Maisie and her team!



## Operation Encompass

The school has been given the opportunity to take part in a project that will run jointly between schools and West Midlands Police. Operation Encompass is the reporting to schools, prior to 9am on the next school day, when a child or young person has been exposed to, or involved in, any domestic incident.

Operation Encompass will ensure that a member of the school staff, known as a Key Adult, is trained to allow them to liaise with the police and to use the information that has been shared, in confidence, while ensuring that the school is able to make provision for possible difficulties experienced by children, or their families, who have been involved in, or exposed to, a domestic abuse incident.

We are keen to offer the best support possible to all our pupils and we believe this will be extremely beneficial for all those involved.



## ATTENDANCE MATTERS!

When you're in school you...



Have fun



Make new friends



Gain qualifications



Achieve



Develop new skills



Experience new things

Build your confidence



& self esteem

Develop awareness of other cultures, religion, ethnicity and gender differences



Have the best possible start in life!

At Newfield Park every day counts!



# USEFUL INFORMATION

## SCHOOL OFFICE

A reminder to parents that the School Office is open from 8:00AM UNTIL 4:00PM.

You can email the school office for any non urgent enquiries including absences on:

[info@newfield.dudley.sch.uk](mailto:info@newfield.dudley.sch.uk)



## SCHOOL DINNERS

School dinners must be ordered by Sunday evening for the commencing week.

Unfortunately we may only be able to offer a very limited choice if no order is received, this is due to orders already being placed with our suppliers.



## Before & After School Club

Club is highly subscribed at the moment. If your child is not booked in please do not just turn up as there may not be a space. Bookings should be made by Sunday evening online.

New timings & charges: Breakfast club (7.30am - 8.55am) £5.00

After School Club (3.15pm - 5.30pm prompt) £8.00

Please contact Mrs Grant, BASC Manager on 07768893697

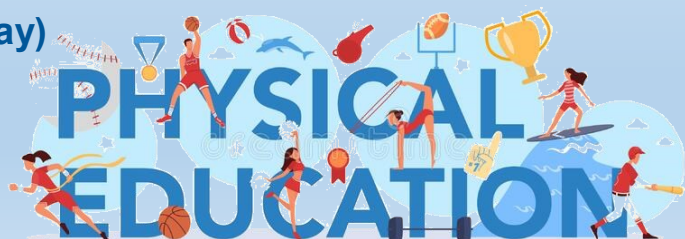


## PE

On PE days your child can come to school in their PE Kit.  
PE will take place both indoors and outdoors.

RB	Monday
RRY	Tuesday
Year 1	Wednesday & Friday
Year 2	Wednesday
Year 3	Monday (3P also on Tuesday)
Year 4	Thursday
Year 5	Monday
Year 6	Tuesday

No jewellery, including earrings, should be worn and long hair should be tied up.



# USEFUL INFORMATION



Please click on the above picture for further information on childhood vaccinations

**NHS**  
Black Country



Please click on the above picture for further information on whether to send your child to school due to illness

**Healthier Futures**  
Black Country Integrated Care System

## NEWFIELD COMMUNITY

Would your grandparent's or your elderly neighbours like to be part of our Newfield Park Community?

If yes, then please contact the school office



## Important Notice

CHILDREN USING THE  
MILLENNIUM GARDEN  
EQUIPMENT AFTERSCHOOL  
MUST BE SUPERVISED BY  
AN ADULT AT ALL TIMES  
AND VACATED BY 3:30PM

## PARKING ON SCHOOL SITE

We politely ask parents to not park on the staff car park.

This includes when dropping/collecting children from after school clubs and BASC

## DOGS ON SCHOOL GROUNDS

Please be aware that **no dogs**, either walking or being carried are allowed anywhere on the school grounds.



## CLIMBING TREES



Please **DO NOT** allow your children to climb the trees on the school grounds.

## PARKING

We are receiving numerous complaints from local residents with regards to parking on Whittingham Road and surrounding roads.

Could we please ask that parents/carers park considerately and walk whenever possible.

Many thanks for your support.



## SAFETY ADVICE

The Child Accident Prevention Trust has some good information on safety advice

Please click on the picture below for further information





## STAY & PLAY

Join us on  
**Tuesday Mornings**  
**9:00am - 10:30am**

We have a thriving Stay & Play for pre-school children where we offer a variety of planned activities designed to meet your child's developmental needs through creative and physical play.  
Join other parents/ grandparents /carers for a coffee and a chat!



£1 per child, 50p for additional children  
(drinks and healthy snacks included)

We look forward to seeing you!

## Online safety update

- Our school uses the RM SafetyNet filtering system, which blocks inappropriate content and operates on all devices connected to our network.
- RM also provide 'Smoothwall', an additional filtering system which monitors the use of devices by staff and pupils in real-time; our head and DSL are immediately notified of any causes for concern.
- When using Teams and other web-based Microsoft applications, children are only able to communicate with pupils and staff within Newfield Park; external contacts are blocked.
- The RM Unify service provides a secure web-portal through which children can access several services using their own password.
- Most devices in school are password controlled: children have their own passwords and log-ins.
- Children are encouraged to use well-known, reliable websites when researching a topic, which are often provided to them by their teacher using a QR Code or URL.



Check out our twitter page on: [https://twitter.com/newfield\\_park](https://twitter.com/newfield_park)

## ATTENDANCE

5th - 9th Feb



RB	85.86		4OR	95.81
RRY	97.32		4S	99.31
1J	94.67		5C	92.33
1L	95.86		5R	98.00
2H	94.67		6A	90.37
2R	84.33		6M	90.71
3P	98.00		6R	92.33
3T	96.23			

Well done 4S!

All absences are recorded and followed up.

Please email the info box to let us know when your child is absent before 9:30am on the day of the absence .

## TERM DATES

### Autumn Term 2023

Term Starts: Monday 4th September 2023  
Half Term: Mon 30th Oct - Fri 3rd Nov 2023  
Term Ends: Friday 22nd December 2023

### Spring Term 2024

Term Starts: Monday 8th January 2024  
Half Term: Mon 12th Feb - Fri 16th Feb 2024  
Term Ends: Friday 22nd March 2024

### Summer Term 2024

Term Starts: Monday 8th April 2024  
Half Term: Mon 27th May - Fri 31st May 2024  
Term Ends: Monday 22nd July 2024

### Inset Days/School Closures

Monday 8th January 2024 (Inset)  
Thursday 2nd May 2024 (Voting Day)  
Monday 6th May 2024 (Bank Holiday)  
Monday 22nd July 2024 (Inset)



# Half-term **MMR** vaccine clinics

**Measles is spreading fast.**  
**Has your child had both  
of their MMR vaccines?**

**Free pop-up clinics to vaccinate  
against measles, mumps and rubella  
are taking place during half-term.**

For children over one-year-old who are due or who have missed either dose. Adults up to the age of 25 are also invited.

**Measles is highly infectious and can lead to serious health complications. The MMR is safe and effective.**

Sat 10 Feb	10am-3pm	Mary Stevens Park, Stourbridge DY8 2AA
Tue 13 Feb	9am-2pm	War Memorial, Lye DY9 8LF
Tue 13 Feb	9am-3pm	Tesco, Fox Oak Street, Cradley Heath B64 5DF
Fri 16 Feb	9am-2pm	Dudley Market Place, High Street DY1 1PQ
Sat 17 Feb	10am-3pm	Halesowen Town Centre, Somers Square B63 3AE

## **Book your appointment**

**Call Vaccination UK on 01384 431712  
or just turn up on the day.**

If you can, bring your child's red book

*A gelatine-free vaccine is available on request*



**"THIS MORNING,  
HE HAD A RUNNY  
NOSE... BUT LOOK  
AT HIM NOW!"**

**MOMENTS  
MATTER,  
ATTENDANCE  
COUNTS.**



**HM Government**

Head to the NHS website to find out more.



**MOMENTS  
MATTER,  
ATTENDANCE  
COUNTS.**



**"THIS MORNING, HE  
WAS WORRIED ABOUT  
SCHOOL... BUT LOOK  
AT HIM NOW!"**

**MOMENTS  
MATTER,  
ATTENDANCE  
COUNTS.**



**HM Government**

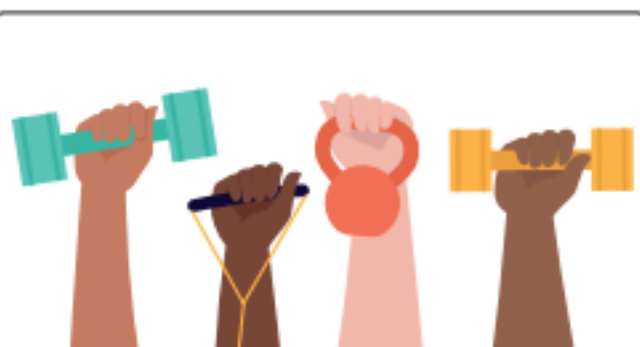
Head to the Education Hub to find out more.



**MOMENTS  
MATTER,  
ATTENDANCE  
COUNTS.**

# Health & Wellbeing Update

## for children and families in Dudley



### PHASES

FREE gym-based physical activity programme\*

- For young people aged 11 - 16 in Dudley
- 12-week programme
- Saturday mornings at Action Heart Gym, Russell's Hall Hospital
- Sessions led by qualified instructors
- Free of charge

#### How to book a place

Ask your GP or school nurse to make a referral. Alternatively, contact Phases at [action.heart@nhs.net](mailto:action.heart@nhs.net)

\*the following eligibility criteria applies

- must live in Dudley; attend an education setting in Dudley; or be registered with a Dudley GP surgery
- must be inactive (undertaking less than 30 minutes of activity a day) or be overweight



### Free healthy lifestyle support for your family



Arrange a free one-to-one appointment with a Dudley Family Wellness Coach, who will help you and your kids create healthier diet and physical activity habits you can all stick to

To make an appointment with the Family Healthy Lifestyle Service contact [yourhealth.dudley@nhs.net](mailto:yourhealth.dudley@nhs.net) or call 01384 732402





## Lunchbox Ideas

Top tips & ideas for a yummy, healthy lunchbox



INCLUDES EASY RECIPES & WEEKLY PLANNER

INCLUDES TOOTH FRIENDLY FOOD SWAPS THROUGHOUT



Parents and carers can take advantage of a new **online resource** to help them create healthy and tooth-friendly children's lunchboxes.



SCAN ME



### NEW recipe book for young people

With support from Dudley Council, a group of Young Commissioners have produced their own recipe book full of quick and easy meal ideas for young people living on their own.

[Download the recipe book here](#)



SCAN ME



### Youth Vaping

To help respond to growing concerns about the number of young people choosing to vape, Dudley Council has produced a set of Frequently Asked Questions to support parents and carers to have a conversation about vaping with their children.

[Download the FAQ's here](#)



SCAN ME



**Dudley iZONE [www.izone.org.uk](http://www.izone.org.uk)**

A new website has been launched for children and young people living in Dudley. The website provides information and links to services and resources on important health and wellbeing topics, such as mental wellbeing and sexual health.

## A great start in life

## Do you have a child under 5?

### Would you like to:

- feel more confident as a parent?
- reduce mealtime stress?
- enjoy being active as a family more often?
- encourage your child away from screens and TV?
- see your child eat more fruit and vegetables?
- gain ideas to help with family routines?

*"I will be recommending this course to everyone.  
Thank you for this life changing opportunity."*

### Free HENRY programme starting soon:

If you are interested in joining a group, please email  
Dudley's Parenting Team [cypteam@dudley.gov.uk](mailto:cypteam@dudley.gov.uk)  
for more information



**henry**  
Healthy Start, Brighter Future

**[www.henry.org.uk](http://www.henry.org.uk)**

Pick up a leaflet for more information

## Recipe of the term

This term's recipe has been taken from the new recipe book for young people.

# Chicken fajitas

### Equipment

- Measuring spoon
- Chopping board
- Sharp knife
- Frying pan

### Ingredients

- 1 chicken breast or 1 large handful of quorn pieces or other meat substitute
- 1/2 onion, sliced
- 1 pepper, sliced
- 5 mushrooms, sliced
- 2 teaspoons of fajita seasoning
- Vegetable oil
- 2 tortilla wraps

### Method

- STEP 1** Cut the chicken breast and vegetables into strips
- STEP 2** Heat a tablespoon of oil in a frying pan on a high heat. As soon as the oil begins to smoke add the chicken or meat substitute to the pan
- STEP 3** Let the chicken cook undisturbed for 2 to 3 minutes, then turn it over and cook for another 2 to 3 minutes until the outside is cooked well
- STEP 4** Add the vegetables and fajita seasoning and cook for another 15 minutes, stirring well. Check the chicken is cooked through - cut through a piece and check the meat is not pink
- STEP 5** Add some fajita chicken mix to a wrap and fold following the steps on page 40

## Expecting a baby?

Having a baby can be an amazing and joyful time, but at the same time, it might feel overwhelming and perhaps even scary. It can also be a confusing time, with contradictory advice from family members, friends and online. To support you on your parenthood journey Dudley Council has produced a Guide for Expectant Parents. From conception until your baby's second birthday, this can be your go-to source of information. It provides lots of practical advice, hints, and tips to help support you. It should be used together with the [NHS Choices website](#).

Download the guide by visiting the [Dudley Parenting website](#) or scanning the QR code.



## The health-related behaviour questionnaire

Every two years this survey is offered to primary and secondary schools for certain year groups to complete. In 2024 the survey will be completed during January and February. The survey helps schools and the council to have a better understanding of the health & wellbeing needs of young people in Dudley, to inform the curriculum and target resources. If your child's school is participating, you will receive a letter with more information about this.

# Dudley's Community Toothbrush Scheme

Tooth decay is the most common oral issue affecting children and young people in England, yet it is largely preventable. Brushing your teeth twice a day with fluoride toothpaste is important to protect both children and adult's teeth.

Dudley's Community Toothbrush Scheme is helping to support families to take care of their teeth from as soon as a child has their first tooth. Organisations across the borough have been giving out toothbrush packs to families in financial need.

Also, all Key Stage 1 pupils (aged between 5-7 years old) should have received a toothbrush pack from their school. If your child has not received a pack yet, please speak to your child's school.

For more information about Dudley's Community Toothbrush Scheme [click here](#)



## YOUTH STOP

The Youth Stop at Merry Hill Shopping Centre brings together local services for young people including mental health support, counselling and mentoring.

For more information and opening times [click here](#).