



Below are the core vocabulary lists for PE:

They give examples of the subject specific vocabulary that children will use and become familiar with during each key stage, reflecting their increasing knowledge, breadth and depth of experience and can be used across a range of topic areas. They are not intended to be used to test pupils but give an indication of the language and terms used by staff in lessons and across units of learning to broaden vocabulary and understanding.

EYFS	YEARS 1&2	YEARS 3&4	YEARS 5&6
<p>Space, looking up, stretch, muscle, partner, pairs, run, walk, balance, throw, catch, hit, ball, cone, net, bean bag, jump, hop, carry, follow, lead, copy, sports, games, rules, move, forwards, backwards, equipment, speed, direction, bounce, push, pull, roll.</p>	<p>Games Throw, roll, underarm, hit, move, safely, kick, tactics, decide, rules, accuracy, control, opponent, attackers and defenders.</p> <p>Gymnastics Curl, tense, stretch, relax, control, travel, balance, copy, sequence, improve, plan, and perform, feedback, hold, and independent, control.</p> <p>Dance Move, copy, perform, create, rhythm, control, co-ordination, linking mood or feeling.</p> <p>General Copy, compare and contrast, repeat.</p>	<p>Games Throw, catch, control, awareness of space, support, opposition, strike and field, accuracy, rules, possession, adapt tactics, strategy, transition.</p> <p>Gymnastics Adapt sequences, apparatus, criteria, strength, suppleness, performance, compare and contrast sequences, stamina, improve, extension, flow.</p> <p>Dance Changing speed and direction, share and create phrases, plan, repeat, remember and perform phrases, communicate, choreography, control, expression, motif, rhythm.</p> <p>Athletics Change speed and direction, underarm, overarm, throwing, technique, distance, sprint, accuracy, personal best.</p> <p>Outdoor and Adventurous Follow, route, appropriate equipment, safely, familiar context, manage risks/problems.</p> <p>Swimming Swim, unaided, basic stroke, movements, co-ordinate breathing, surface.</p>	<p>Games Possession, forehand, backhand, field, tactics, defending, attacking, pass, dribble and shoot. Striking, implement, rules, umpire, strategy.</p> <p>Gymnastics Complex extended sequences, combine, perform, consistency, audience, link, vault, spring, canon, unison, composition.</p> <p>Dance Compose, creative, perform, accompaniment, demonstrate clarity, fluency, accuracy and consistency. Style, interpret, precise and posture, improvisation.</p> <p>Athletics Control, techniques, combine, compete, personal best, stamina.</p> <p>Outdoor and Adventurous Location, adapt, compass, navigate, overcome problems, plan, route, safety, danger, leadership.</p>