

Core Vocabulary Progression: PE

Below are the core vocabulary lists for PE:

They give examples of the subject specific vocabulary that children will use and become familiar with during each key stage, reflecting their increasing knowledge, breadth and depth of experience and can be used across a range of topic areas. They are not intended to be used to test pupils but give an indication of the language and terms used by staff in lessons and across units of learning to broaden vocabulary and understanding.

EYFS	YEARS 1&2	YEARS 3&4	YEARS 5&6
Space, looking up, stretch, muscle, partner, pairs, run, walk, balance, throw, catch, hit, ball, cone, net, bean bag, jump, hop, carry, follow, lead, copy, sports, games, rules, move, forwards, backwards, equipment, speed, direction, bounce, push, pull, roll.	<p><u>Games</u> Throw, roll, underarm, hit, move, safely, kick, tactics, decide, rules, accuracy, control, opponent, attackers and defenders.</p> <p><u>Gymnastics</u> Curl, tense, stretch, relax, control, travel, balance, copy, sequence, improve, plan, and perform, feedback, hold, and independent, control.</p> <p><u>Dance</u> Move, copy, perform, create, rhythm, control, co-ordination, linking mood or feeling.</p> <p><u>General</u> Copy, compare and contrast, repeat.</p>	<p><u>Games</u> Throw, catch, control, awareness of space, support, opposition, strike and field, accuracy, rules, possession, adapt tactics, strategy, transition.</p> <p><u>Gymnastics</u> Adapt sequences, apparatus, criteria, strength, suppleness, performance, compare and contrast sequences, stamina, improve, extension, flow.</p> <p><u>Dance</u> Changing speed and direction, share and create phrases, plan, repeat, remember and perform phrases, communicate, choreography, control, expression, motif, rhythm.</p> <p><u>Athletics</u> Change speed and direction, underarm, overarm, throwing, technique, distance, sprint, accuracy, personal best.</p> <p><u>Outdoor and Adventurous</u></p>	<p><u>Games</u> Possession, forehand, backhand, field, tactics, defending, attacking, pass, dribble and shoot. Striking, implement, rules, umpire, strategy.</p> <p><u>Gymnastics</u> Complex extended sequences, combine, perform, consistency, audience, link, vault, spring, canon, unison, composition.</p> <p><u>Dance</u> Compose, creative, perform, accompaniment, demonstrate clarity, fluency, accuracy and consistency. Style, interpret, precise and posture, improvisation.</p> <p><u>Athletics</u> Control, techniques, combine, compete, personal best, stamina.</p> <p><u>Outdoor and Adventurous</u></p>

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		<p>Follow, route, appropriate equipment, safely, familiar context, manage risks/problems.</p> <p><u>Swimming</u></p> <p>Swim, unaided, basic stroke, movements, co-ordinate breathing, surface.</p>	<p>Location, adapt, compass, navigate, overcome problems, plan, route, safety, danger, leadership.</p>
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