

# PSHE Curriculum Overview

One lesson per half term to be swapped for Global Learning lessons. These to be at the discretion of the class teacher and subject leader.

|        | Autumn 1                                                     | Autumn 2                      | Spring 1                                     | Spring 2                                 | Summer 1                                        | Summer 2                                     |
|--------|--------------------------------------------------------------|-------------------------------|----------------------------------------------|------------------------------------------|-------------------------------------------------|----------------------------------------------|
| Year 1 | Caring for ourselves:<br>eyes                                | Coming to school<br>Session A | Cleanliness and<br>orderliness<br>Session A  | Growing in the<br>community<br>Session A | Courtesy at the<br>lunch table:<br>hungry tummy | What is anger?                               |
|        | Caring for ourselves:<br>ears                                | Coming to school<br>Session B | Cleanliness and<br>orderliness<br>Session B  | Growing in the<br>community<br>Session B | Courtesy in the<br>playground                   | Controlling<br>our feelings                  |
|        | Medicines- some drugs<br>are good for us and<br>some are bad | The<br>book of<br>kindness    | Fair shares<br>for others<br>Session A       | The pencil of<br>patience                | Oops! I made<br>a mistake!                      | Thank you<br>cards: designing and<br>writing |
|        | Who do you help?                                             | The<br>book of<br>kindness    | Fair shares<br>for others<br>Session B       | Patient<br>partners                      | Help me to forgive                              | Not stealing                                 |
|        | Many hands make<br>light work: learning<br>about cooperation | Virtue<br>shields             | Practise making<br>a new friend<br>Session A | How does<br>the Ugly<br>Duckling feel?   | You can do it!<br>Reach for the stars           | Not cheating                                 |

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|        |                                                  |                                        |                                                       |                                                          |                            |                                                                  |
|--------|--------------------------------------------------|----------------------------------------|-------------------------------------------------------|----------------------------------------------------------|----------------------------|------------------------------------------------------------------|
|        |                                                  |                                        |                                                       | Making the Ugly Duckling feel welcome                    |                            |                                                                  |
|        | RSE                                              | RSE                                    | RSE                                                   | RSE                                                      | RSE                        | RSE                                                              |
| Year 2 | Caring for others and family Session A           | Saying 'Hello' to new people Session A | Food hygiene Session A                                | Growing in the community Session A                       | Aesop's Fable              | Active listening Session A                                       |
|        | Caring for others and family Session B           | Saying 'Hello' to new people Session B | Food hygiene Session B                                | Growing in the community Session B                       | I beg your pardon!         | Active listening Session B                                       |
|        | People who help us Session A                     | The cup of kindness                    | Fair shares for others Session A                      | Busy adults                                              | Mending a friendship       | A visit from a school staff member and thanking the staff member |
|        | Practising conflict resolution through role play | The cup of kindness                    | Fair shares for others Session B                      | Games to encourage patience                              | Courtesy in the classroom  | Telling the whole truth Session A                                |
|        | Encouraging one another                          | Virtue shields                         | Practise introductions and asking questions Session A | Classroom and playground rules that help us show respect | Dream on and aim high      | Telling the whole truth Session B                                |
|        | RSE                                              | RSE                                    | RSE                                                   | RSE                                                      | RSE                        | RSE                                                              |
| Year 3 | Caring for our School                            | Learning from mistakes                 | Looking after your teeth                              | Fundraising for the community                            | Courtesy to others: school | A bubbly challenge!                                              |

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|--------|--------------------------------------------|----------------------------------------|------------------------------------------|-----------------------------------------------|--------------------------------------------------------|---------------------------------------------------------------|
|        | Session A                                  | Session A                              |                                          | Session A                                     | visitors<br>Session A                                  | Session A                                                     |
|        | Caring for<br>our School<br>Session B      | Learning from<br>mistakes<br>Session B | Cleaning your teeth                      | Fundraising for<br>the community<br>Session B | Courtesy to<br>others: school<br>visitors<br>Session B | A bubbly<br>challenge!<br>Session B                           |
|        | People who need<br>our help<br>Session A   | Secret<br>agents of<br>kindness        | Two sides to<br>every story<br>Session A | Patient hands                                 | Why should<br>I forgive?                               | Receiving a visit and<br>thanking<br>the classroom<br>visitor |
|        | Bury the hatchet!                          | Secret<br>agents of<br>kindness        | Two sides to<br>every story<br>Session B | Brains, board, book,<br>buddy, boss           | Please forgive me                                      | Scenarios                                                     |
|        | Strengths and needs                        | Aristotle's Bottles                    | What do our<br>friends need<br>from us?  | Showing respect                               | If at first you<br>don't succeed/<br>I'm a believer    | Honesty roleplay                                              |
|        | RSE                                        | RSE                                    | RSE                                      | RSE                                           | RSE                                                    | RSE                                                           |
| Year 4 | Caring for<br>our Environment<br>Session A | Sports day<br>Session A                | Clean words<br>Session A                 | Fundraising for<br>the community<br>Session A | Courtesy on<br>school trips: out<br>and about          | What an example                                               |
|        | Caring for<br>our Environment<br>Session B | Sports day<br>Session B                | Clean words<br>Session B                 | Fundraising for<br>the community<br>Session A | Courtesy to our<br>neighbours: The<br>Good Samaritan   | Can you wait?<br>Session A                                    |
|        | Helpfulness in                             | Kindness                               | School rules                             | A patient                                     | Feelings of                                            | Can you wait?                                                 |

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|        |                                                                     |                               |                                              |                                                     |                                            |                                           |
|--------|---------------------------------------------------------------------|-------------------------------|----------------------------------------------|-----------------------------------------------------|--------------------------------------------|-------------------------------------------|
|        | your class<br>Session A                                             |                               | Session A                                    | survivor                                            | forgiveness                                | Session B                                 |
|        | Helpfulness in<br>your class<br>Session B                           | Kindness Acrostics            | School rules<br>Session B                    | Games that develop<br>patience                      | Forgiving<br>myself                        | Writing a class thank you<br>letter       |
|        | Team building<br>skills:<br>The human knot<br>Session A             | Aristotle's Bottles           | Flexible friends                             | Powerful respect                                    | Never give up!                             | Being honest<br>with yourself             |
|        | RSE                                                                 | RSE                           | RSE                                          | RSE                                                 | RSE                                        | RSE                                       |
| Year 5 | Caring for our<br>community:<br>Understanding<br>dementia Session A | Facing our fears<br>Session A | No smoking                                   | Keeping<br>company in the<br>community<br>Session A | Being honest<br>with yourself<br>Session A | Where did that<br>come from?<br>Session A |
|        | Caring for our<br>community:<br>Understanding<br>dementia Session B | Facing our fears<br>Session B | Drugs and alcohol<br>awareness               | Keeping<br>company in the<br>community<br>Session B | Being honest<br>with yourself<br>Session B | Where did that<br>come from?<br>Session B |
|        | Helpfulness in<br>your family<br>Session A                          | Cruel<br>to be<br>kind        | Seeing another<br>point of view<br>Session A | Patient<br>snowflakes                               | Positive role<br>models                    | Being tactful<br>Session A                |
|        | Helpfulness in<br>your family<br>Session B                          | Cruel<br>to be<br>kind        | Seeing another<br>point of view<br>Session B | Tricky discussion<br>questions                      | People who<br>inspire us                   | Being tactful<br>Session B                |

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|        |                                                            |                                     |                                    |                                            |                                            |                                               |
|--------|------------------------------------------------------------|-------------------------------------|------------------------------------|--------------------------------------------|--------------------------------------------|-----------------------------------------------|
|        | Understanding Aesop's Tale: The Bundle of Sticks Session A | Aristotle's bottles                 | What are my friends interested in? | Similarities and differences               | Knowing the limits                         | Aristotle's bottles and reflection writing    |
|        | Understanding Aesop's Tale: The Bundle of Sticks Session B | RSE                                 | RSE                                | RSE                                        | RSE                                        | RSE                                           |
| Year 6 | Caring for our world: Who owns the sky?                    | Heroes the knightly virtues         | Clean up your act                  | Keeping company in the community Session A | The Knightly Virtues                       | e-safety: cyber bullying                      |
|        | Caring for our world: Sustainability posters               | Heroes the knightly virtues         | Spring clean your mind             | Keeping company in the community Session B | Solving conflicts fairly                   | Self-discipline e-safety: being SMART online! |
|        | How would you help? Session A                              | What would a kind school look like? | Justice Session A                  | Let me teach you!                          | Problem solving: solution focused approach | Reflecting on gratitude                       |
|        | How would you help? Session B                              | What would a kind                   | Justice Session B                  | Human Rights Session A                     | Soldiering on                              | Saving money                                  |

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|  |                                                              |                      |                                        |                           |                        |                                   |
|--|--------------------------------------------------------------|----------------------|----------------------------------------|---------------------------|------------------------|-----------------------------------|
|  |                                                              | school<br>look like? |                                        |                           |                        |                                   |
|  | Coaching younger<br>children:<br>Hula-hoop help<br>Session A | Knightly virtues     | Developing<br>friendships<br>that last | Human Rights<br>Session B | Achieve your potential | Money management and<br>budgeting |
|  | Coaching younger<br>children:<br>Hula-hoop help<br>Session B | RSE                  | RSE                                    | RSE                       | RSE                    | RSE                               |